

BLOOD WILL TELL

A THEORY SUPPORTED BY FRESH, CONCLUSIVE EVIDENCE.

A Recent Instance Proves That a Woman's Happiness is Largely Dependent on the State of Her Blood.

When the blood is disordered every organ of the body is affected unfavorably and fails to discharge its functions properly. In the case of every woman nature has made special provision for a periodical purification of the blood, and so long as this occurs her health and spirits unfailingly reveal the beneficial results. So slight a cause as a cold or a nervous shock may produce a suppression of this vital function, and until it is restored she is doomed to misery. The remedy that has proved most prompt and effective in all disorders peculiar to the female sex is that which brought such great relief to Miss Mattie Griggs, of No. 807 Indiana street, Lawrence, Kansas, concerning which she speaks as follows:

"In the winter of 1902, from some unknown cause, there was a cessation of functions peculiar to my sex for a period of four months. I became very weak and could not get up stairs without help. I had nausea and pain and a constant headache. I was under the care of a physician for three months, but he did not succeed in curing me. Then a lady friend told me about the merits of Dr. Williams' Pink Pills which she had used in her family, and she induced me to try them. It was in May when I first began to use them, and in June I had fully recovered my health, and have since remained perfectly well."

In all cases of delayed development of young girls; in anemia or weakness due to impoverished blood and showing itself in pallor, lack of ambition, despondency and nervousness; also in the great constitutional disturbances attending the period known as the change of life, Dr. Williams' Pink Pills are invaluable for women, whose health is always closely dependent on the state of the blood. They are sold by all druggists. A booklet of valuable information relating to the care of a woman's health at all important periods, and entitled "Plain Talks to Women," will be sent free in a sealed envelope to any one who chooses to write for it to the Dr. Williams Medicine Company, Schenectady, N. Y.

Appendicitis is Contagious.

According to M. Champolliere, in a paper read before the French Academy of Medicine, appendicitis is infectious, and may arise from influenza. It is commonest in countries where much flesh is eaten, and is graver in patients who eat much flesh.

Every housekeeper should know that if they will buy Defiance Cold Water Starch for laundry use they will save not only time, because it never sticks to the iron, but because each package contains 16 oz.—one full pound—while all other Cold Water Starches are put up in ½-pound packages, and the price is the same, 10 cents. Then again because Defiance Starch is free from all injurious chemicals. If your grocer tries to sell you a 12-oz. package it is because he has a stock on hand which he wishes to dispose of before he puts in Defiance. He knows that Defiance Starch has printed on every package in large letters and figures "16 ozs." Demand Defiance and save much time and money and the annoyance of the iron sticking. Defiance never sticks.

Strawberry and Vegetable Dealers

The Passenger Department of the Illinois Central Railroad Company have recently issued a publication known as Circular No. 12, in which is described the best territory in this country for the growing of early strawberries and early vegetables. Every dealer in such products should address a postal card to the undersigned at Dubuque, Iowa, requesting a copy of Circular No. 12.

J. F. MERRY, Asst. Gen'l Pass'r Agent



Electroculture.

Electroculture is a somewhat new word in our agriculture. It means the science of making plants grow by the help of electricity. Little experimentation has been done in this line on the American continent, except by growing plants in the glare of electric lights. But in Europe the matter is receiving a good deal of attention, the electricity being applied there directly to the plants in various ways. In France pamphlets are being published on the results.

Under the intensive agriculture followed near the great capitals of Europe the acceleration of growth means a great deal. Some of the land under glass near Paris rents for two thousand francs per acre per year. It is evident that it is a very important matter to be able to increase the production only a little. In the United States it is at present different, and we are not yet driven to applying electricity to the growing of farm crops.

The results obtained in Europe are interesting though not extraordinary. Many plants grew more rapidly when the soil was supplied with electricity and in some cases the seed germinated much more quickly. Thus peas sown in ground that was supplied artificially with electricity germinated in two and a half days, while without being supplied with electricity they germinated in four days. It was found that an induction current caused the most rapid growth of the plant, while with the continuous current the yield was larger. So one kind of a current would be needed for lettuce and another for peas.

The French scientists do not find it difficult to get very good results, but say that they are unable to overcome the obstacle in the way in the cost of electricity. Therefore electroculture is as yet not a practical science. The question of profit cannot be yet considered, that depending on a greatly reduced cost of making electricity.

Egg Production Variation.

When hens are investigated as thoroughly as dairy cows they will be found to vary as greatly in their ability to produce eggs. We have as a people gone on the assumption that a hen was a hen. That was true, but sometimes she has proved to be nothing more, so far as eggs are concerned—not even a layer. But we are only now beginning to find that out. The dairy cows have been investigated as to their ability to produce butter cheaply. Some were found that made butter at a cost of eight cents a pound and others that made butter at a cost of 70 cents a pound. The hens have been investigated as to their ability to produce eggs cheaply and some have been found that produced eggs at ten cents a dozen in winter and others at a dollar a dozen. A good many hens, like a good many cows, are more profitable dead than alive.

We will never get very satisfactory work done in the line of experimentation till we are able to keep hens by themselves and know for a certainty the record of each hen and be able to watch each one in all respects. There are hens that are almost non-producers of eggs. In the ordinary flock they mingle with the others and are always healthy. They would make admirable potpie, but the owner feels that he cannot dispense with any of his layers. There are other hens that are not attractive looking, yet if they are kept by themselves they will be found to be great egg producers. Very often egg producing gets a fowl out of shape, and this very thing leads to her being killed off for the table when she should be retained.

The ranges of the West are being continually overstocked, and this overstocking is well-nigh universal.



Miss Agnes Miller, of Chicago, speaks to young women about dangers of the Menstrual Period—how to avoid pain and suffering and remove the cause by using Lydia E. Pinkham's Vegetable Compound.

"TO YOUNG WOMEN:—I suffered for six years with dysmenorrhea (painful periods), so much so that I dreaded every month, as I knew it meant three or four days of intense pain. The doctor said this was due to an inflamed condition of the uterine appendages caused by repeated and neglected colds.

"If young girls only realized how dangerous it is to take cold at this critical time, much suffering would be spared them. Thank God for Lydia E. Pinkham's Vegetable Compound, that was the only medicine which helped me any. Within three weeks after I started to take it, I noticed a marked improvement in my general health, and at the time of my next monthly period the pain had diminished considerably. I kept up the treatment, and was cured a month later. I am like another person since. I am in perfect health, my eyes are brighter, I have added 12 pounds to my weight, my color is good, and I feel light and happy."—MISS AGNES MILLER, 25 Potomac Ave., Chicago, Ill.

The monthly sickness reflects the condition of a woman's health. Anything unusual at that time should have prompt and proper attention. Fifty thousand letters from women prove that Lydia E. Pinkham's Vegetable Compound regulates menstruation and makes those periods painless.

READ WHAT MISS LINDBECK SAYS:



"DEAR MRS. PINKHAM:—Lydia E. Pinkham's Vegetable Compound has greatly benefited me. I will tell you how I suffered. My trouble was painful menstruation. I felt as each month went by that I was getting worse. I had severe bearing-down pains in my back and abdomen."

"A friend advised me to try Mrs. Pinkham's medicine. I did so and am now free from all pain during my periods."—JESSIE C. LINDBECK, 1201 6th Street, Rockford, Ill.

FREE ADVICE TO WOMEN.

Remember, every woman is cordially invited to write to Mrs. Pinkham if there is anything about her symptoms she does not understand. Mrs. Pinkham's address is Lynn, Mass., her advice is free and cheerfully given to every ailing woman who asks for it. Her advice has restored to health more than one hundred thousand women. Why don't you try it, my sick sisters?

\$5000 FORFEIT If we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

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